



Current  
Situation:  
COVID-19

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March 23rd,  
2020 Update

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# Staying Healthy

## [Find the CDC Guidelines Here - How to Help Slow the Spread](#)

It is important to stay home if you are feeling sick or have been in contact with someone who is sick.

While at Home:

- [Stay physically active](#) during self-quarantine.
- Maintain a [healthy diet](#).
- Practice [good hygiene](#); washing hands frequently and avoid touching your face.

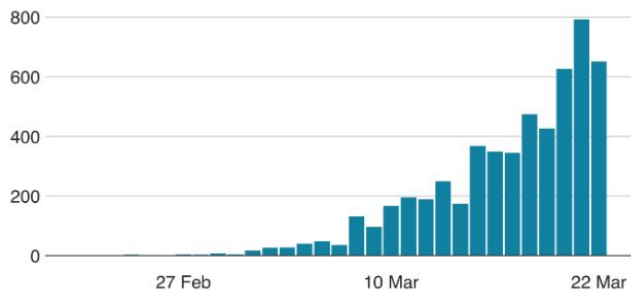


# Europe is New Epicenter of the Virus

Fatalities in [Italy surpass China](#) now with more than 5,400 deaths.

## Italy records its second highest daily death toll

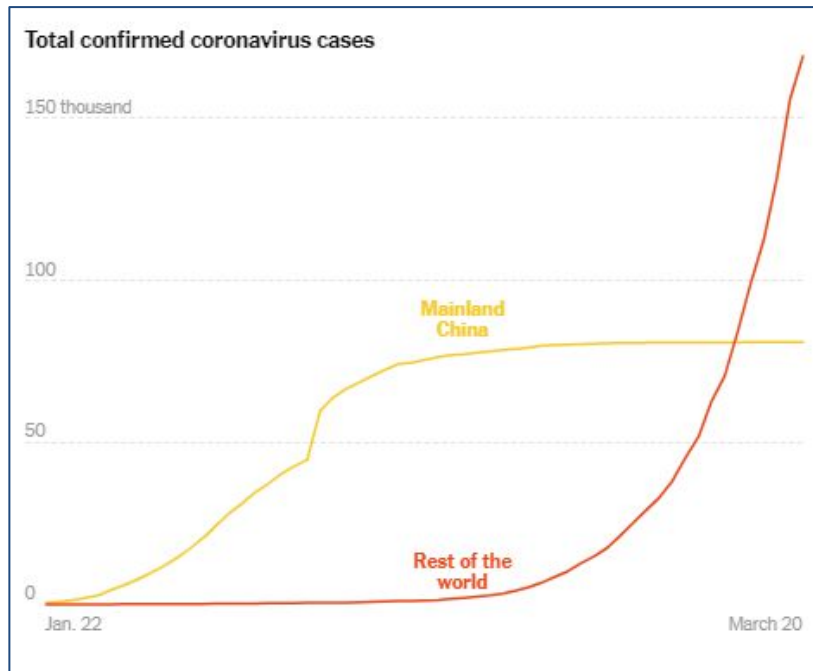
Daily confirmed deaths from coronavirus in Italy



Source: Johns Hopkins University, updated: 22 Mar 17:00 GMT

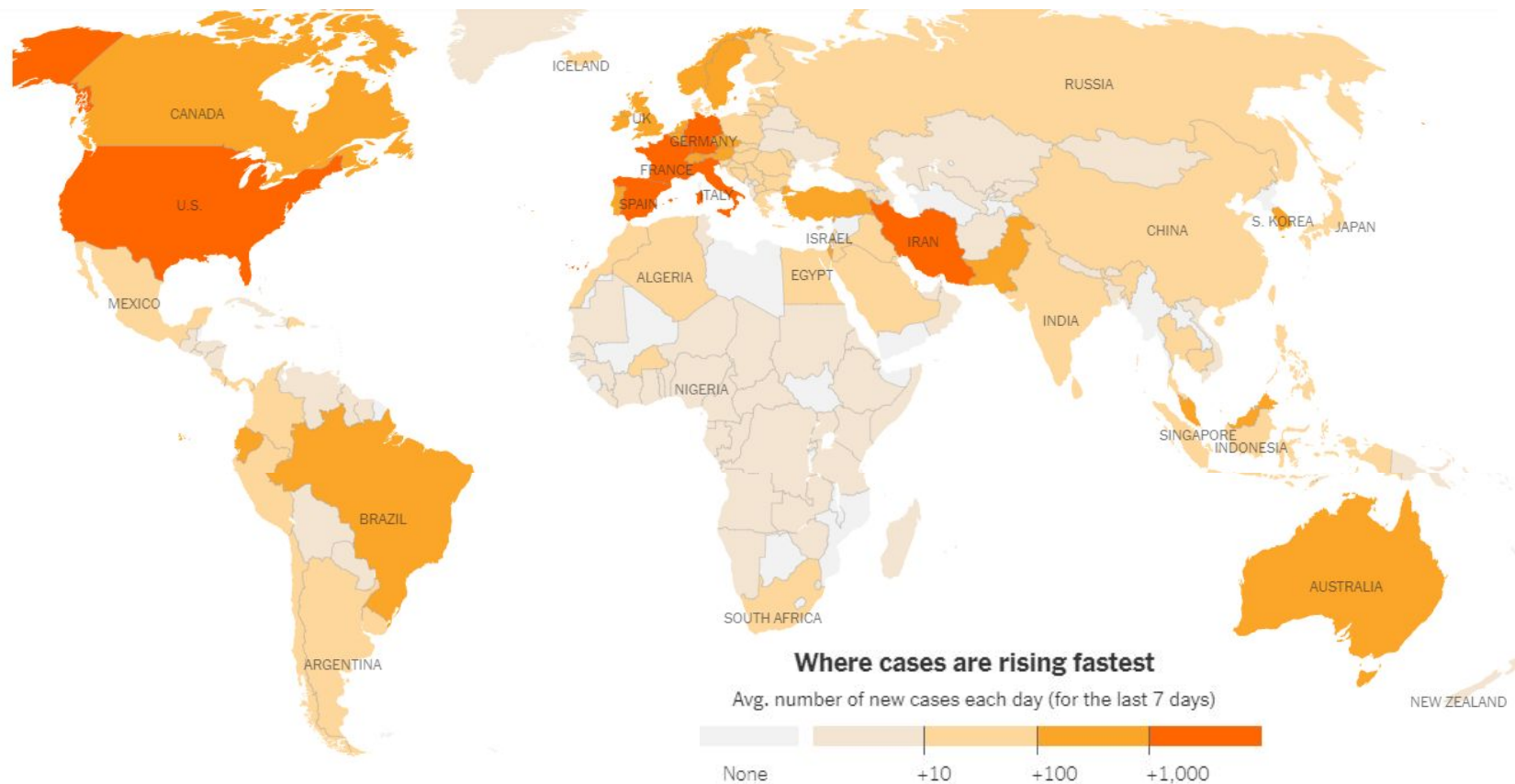


[Spain reported a 32% spike](#) in new deaths with 1,326 confirmed deaths, the second highest in Europe after Italy.



Source: Center for Systems Science and Engineering at Johns Hopkins University; Local governments.

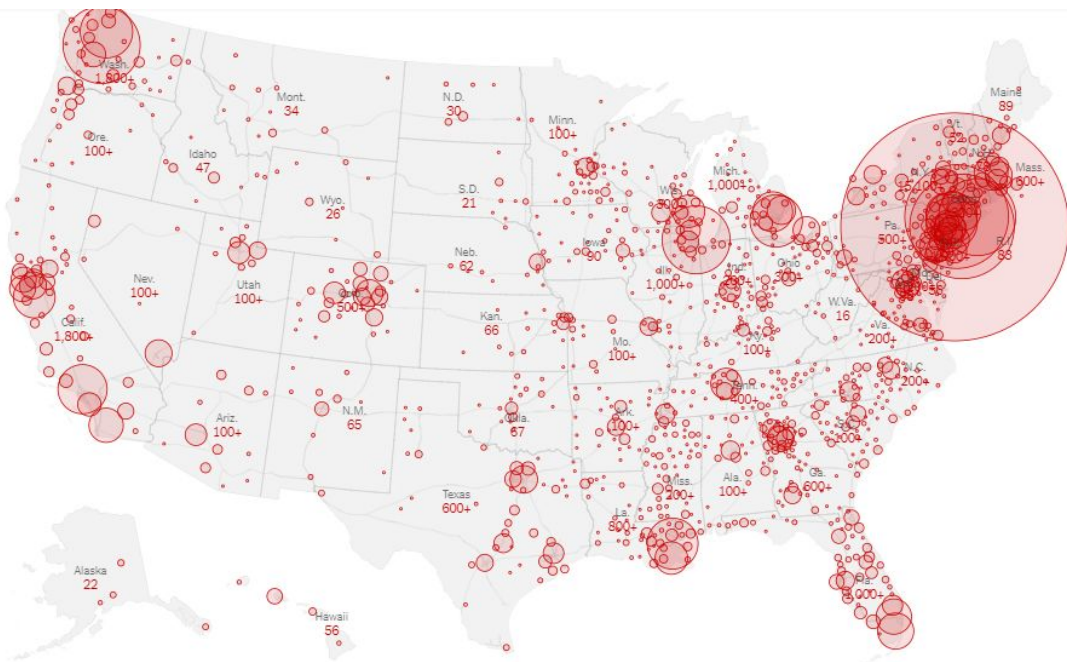
**\*Updated March 23, 2020**



**Sources:** Local governments; The Center for Systems Science and Engineering at Johns Hopkins University; National Health Commission of the People's Republic of China; World Health Organization. Updated March 23, 2020, 8:09 A.M. E.T.

# COVID-19 in the U.S.

\*Updated March 23, 2020



## Cases in the U.S. Continue to Grow

As of Monday morning, there have been at least 33,018 cases of coronavirus confirmed by lab tests and 428 deaths.

Currently, [12 states](#) have issued stay-at-home orders with many non-essential businesses ordered to close down. 39% of the nation's population are urged to stay home.

## New York Center of U.S. Outbreak

New York City and suburbs account for approximately [5% of confirmed cases globally](#).

Note: The map shows the known locations of coronavirus cases by county. Circles are sized by the number of people there who have tested positive, which may differ from where they contracted the illness. Some people who traveled overseas were taken for treatment in California, Nebraska and Texas. Puerto Rico and the other U.S. territories are not shown. Sources: State and local health agencies, hospitals, C.D.C. [Sources](#): State and local health agencies, hospitals, C.D.C.



# Travel Restrictions Placed Around the World

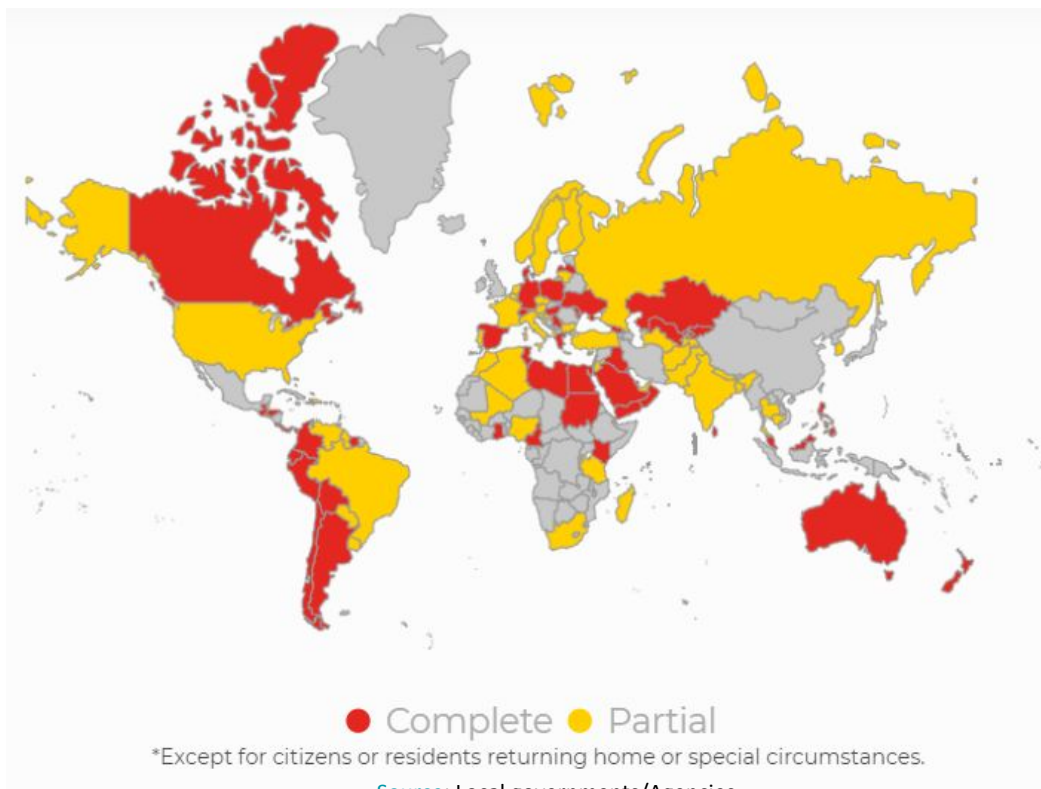
## Border Closings

As the virus spreads, nations are setting up travel restrictions while others are even closing the borders entirely to try and stop from letting it spread further.

[See a list of countries with more detail here.](#)

## Banning Groups

As leaders are urging people to stay home and not gather, [Germany](#) sets a ban on meetings of more than two people in efforts to contain the spread of the virus.

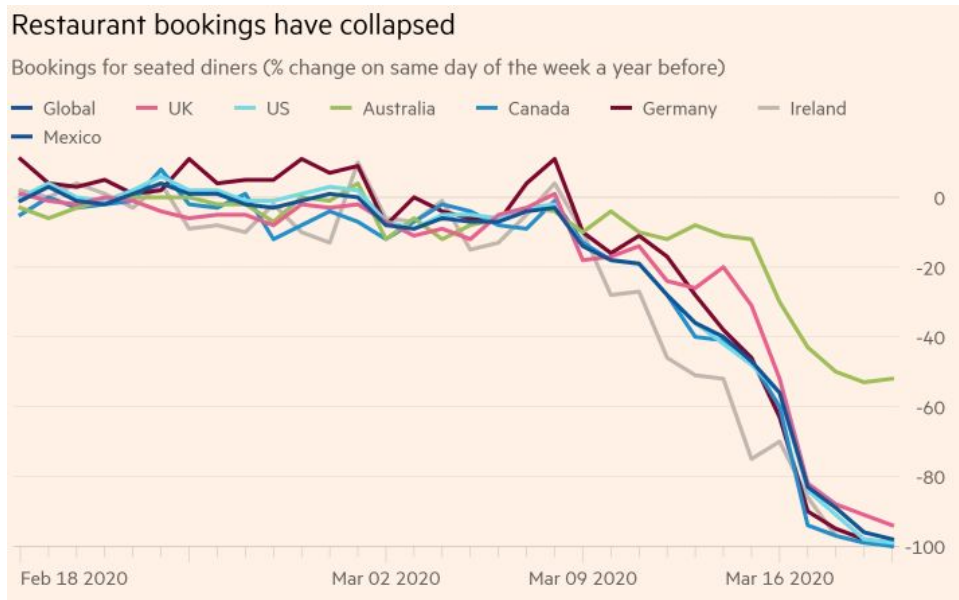


[Source:](#) Local governments/Agencies

Last update: March 20, 2020

# Economic Impacts

With the dramatic economic slowdown, [some former IMF economists](#) believe that this weekend was the start of a global recession. Others argue that the data is changing too quickly to make this claim.



[Source](#)

## Economic Activity Slows Down

Many industries have taken massive hits such as retail and hospitality. Restaurants, cinemas and shops see sharp declines as people stay home.

## Markets Continue to Struggle

The Dow Jones falls below levels prior to Trump's inauguration.



International  
Relations & Support  
Become Increasingly  
Important



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# International Relations

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## European Support

[Russia sends aid to Italy](#), some claim to maintain close ties, despite rocky relations with E.U.

Cuba sends a group of [52 doctors and nurses to Italy](#) marking the first time Cuba has ever sent to Italy, one of the world's richest countries.

European Central Bank revealed a [750 billion-euro](#) intervention to support nations already troubled with debt.

## Middle East

[Iran refuses U.S. aid](#) despite being one of the hardest-hit countries in the world, with Supreme Leader Khamenei citing conspiracy theory that virus could be man-made by Americans.

Many fear that the [crisis may be amplifying anti-Shiite prejudice](#) and discrimination throughout the region and could have devastating effects on already strained health systems such as in Lebanon.

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# Global Reactions & Responses

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## Unintended Consequences

COVID-19 efforts have diverted attention away from fighting the [locust invasion](#) threatening food security in Eastern Africa. The cost of shipping pesticides has tripled as flights have sharply decreased at a time when new swarms are forming.

Three people in [Nigeria were hospitalized](#) after overdosing on chloroquine, a drug that has been used to treat malaria, after President Trump claims FDA had approved it to treat coronavirus.

Meanwhile, [India struggles with misinformation](#) on the virus, causing concern that it might hinder response efforts. More than [half of the country has been placed on lockdown](#) to prevent the virus from spreading through one of the most populous countries.

This information is current as of March 23rd, 2020.  
Further updates will be sent in future briefings.



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